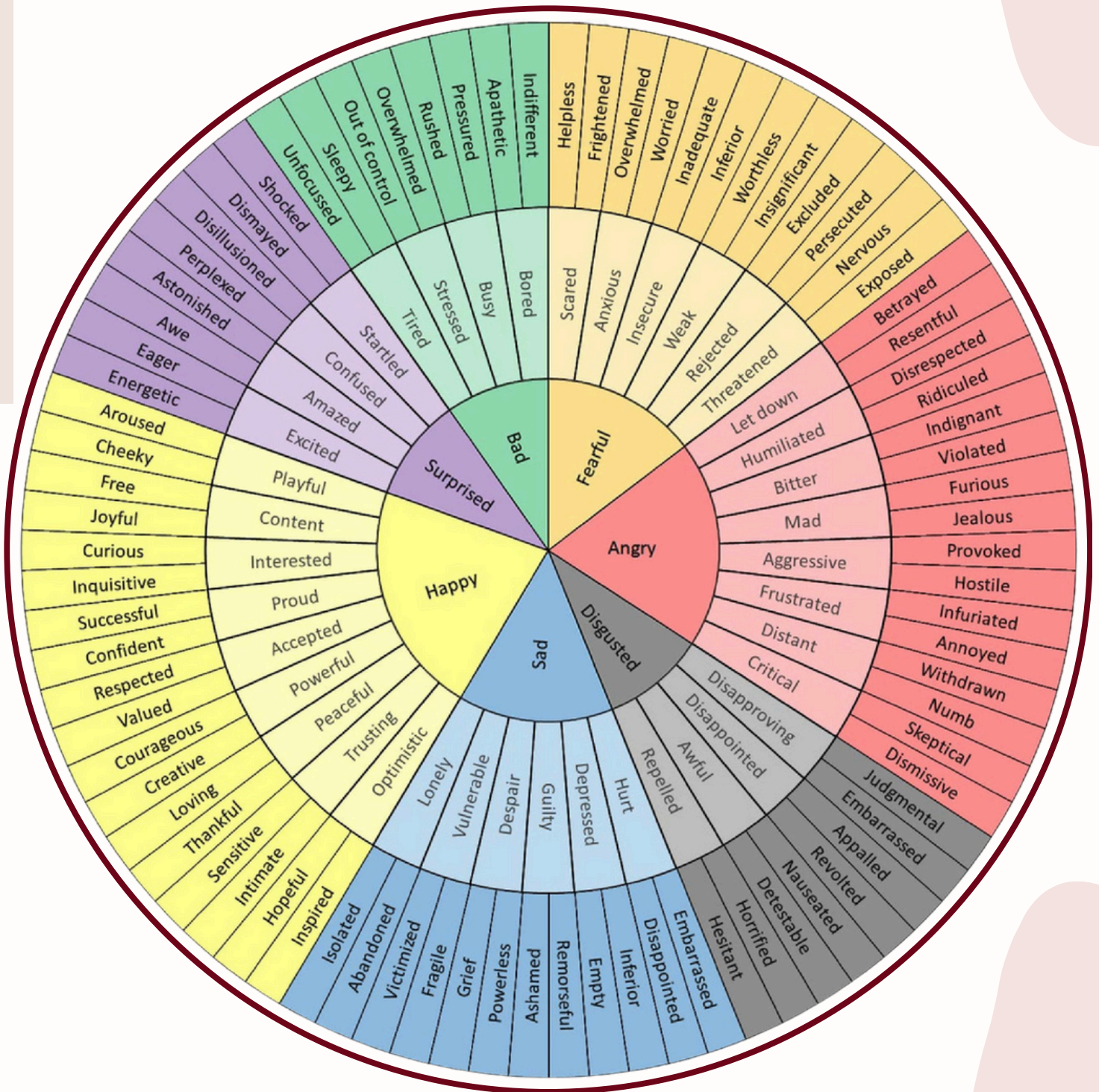


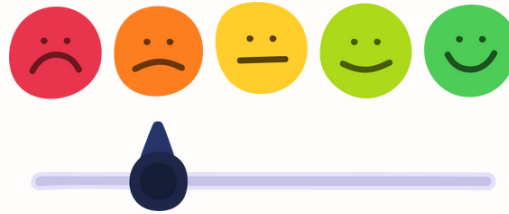
The Emotion Wheel



Alexandra Zareth

The Emotion Wheel

And you, do you know how you feel today?



i Identifying your emotions is the first step
to understanding your feelings !

